The Positive Impact of Maternal, Infant, and Early Childhood Home Visiting (MIECHV) in Iowa

MIECHV provides federal funds to states, territories, and tribal entities for voluntary, evidence-based home visiting services. Home visitors meet with parents one on one from pregnancy through their child's kindergarten entry to help lay the foundation for the health, education, development, and economic self-sufficiency of the entire family. Visits by caring, experienced professionals who provide families support and connections to needed resources and services can help families leverage their strengths so they can thrive.

Since 2013, MIECHV has been level-funded at $400 million annually and pre-pandemic estimates showed MIECHV reached only 3-5% of eligible families nationwide. As MIECHV is set to expire on September 30, 2022, reauthorization offers Congress the opportunity to provide additional investments that will enable home visiting programs to reach more families. The National Home Visiting Coalition, of which FFYF is a member, recommends a five-year reauthorization that would increase funding by $200 million annually (reaching $1.4 billion in FY2027); doubling the MIECHV tribal set-aside from 3% to 6% to reach more families in American Indian and Alaska Native communities; and continuing to allow virtual home visiting implemented with model fidelity as a service delivery option for families who choose it.

In FY21:
$5,792,253 was awarded to the Iowa Department of Public Health

Within Iowa, MIECHV provided/served:
1,019 families
14,087 home visits
958 children

Iowa Performance Highlights:

- 95.8% of children enrolled in home visiting received their last recommended well child visit based on the American Academy of Pediatrics schedule
- 94.6% of caregivers enrolled in home visiting were screened for intimate partner violence within 6 months of enrollment
- National Certification Exam: Launched a validated national certification exam for home visitors in partnership with Early Impact Virginia and the University of Kansas. Successful exam completion demonstrates the learner’s understanding of the national core competency framework

Family Needs

States tailor their programs to meet community needs, with priority given to certain populations listed in the law.

In Iowa:

- 66.2% of households were low income
- 25.0% of households reported a history of substance abuse
- 22.9% of households reported a history of child abuse or maltreatment

Iowa Families Receiving Home Visiting

Race*

- White (74%)
- Black (19%)
- Asian (2%)
- Multiple (3%)

Ethnicity*

- Hispanic or Latino (16%)

Child’s Age*

- Infants <1 (48%)
- Toddler 1-2 (38%)
- Preschool 3-5 (14%)

Potential Beneficiaries:

In Iowa, an estimated 177,000 families could benefit from home visiting with sufficient funding.*

- 46% of families met one or more priority criteria.
- 17% of families met two or more priority criteria.

230,600 children could benefit from home visiting with sufficient funding.*

- Infants <1: 17%
- Toddler 1-2: 33%
- Preschool 3-5: 50%

The estimated percentage of families who could benefit in Iowa met the following priority criteria:*

- Child <1: 21%
- Single Mother: 20%
- Parent with no high school diploma: 5%
- Pregnant woman or mother <21: 2%
- Low income: 20%