

# Child Care & Early Learning in New Jersey

In New Jersey, federal and state early learning opportunities serve more than **133,064 children** and families,<sup>1</sup> or **21% of children** ages 5 and under.<sup>2</sup>

High quality child care and early learning programs support child development and offer parents peace of mind while they work or attend school.

In the U.S., the demand for quality care far outweighs the supply, with more than **30% of working families** with young children unable to access the formal care they want or need.<sup>3</sup> While there are several federally funded programs that help working families access quality child care opportunities, limited funding leaves many eligible children unserved. The impacts of these challenges extend beyond families and carry over to the workplace. As a direct result, the national economy loses **\$122 billion annually** in the form of lost earnings, productivity, and revenue.<sup>4</sup>

## PROGRAM REACH

Below is a list of existing child care and early learning programs which together form a mixed delivery system that supports parental choice and aims to meet children's individual needs. These programs have unique eligibility requirements and service delivery models. However, at current funding levels, each only reaches a fraction of eligible families.

## STATE OF EARLY LEARNING & CARE IN NEW JERSEY

### NEED

**634,657**

Children 5 & Under<sup>5</sup>

**69%**

Children 5 & Under with All Available Parents in the Workforce<sup>6</sup>

### SUPPLY

**4,263**

Licensed Child Care Centers in 2024 (+14 from 2023)<sup>7</sup>

**1,370**

Licensed Family Child Care Homes in 2024 (+54 from 2023)<sup>8</sup>

### IMPACT

**\$3.6B**

Estimated Economic Impact of Child Care Challenges Each Year<sup>9</sup>

### COST\*

**\$20,213**

Annual Price of Center-Based Care (\$1,684 per month)<sup>10</sup>

**\$12,502**

Annual Price of Home-Based Care (\$1,042 per month)<sup>11</sup>

**12.1%**

Portion of Median Married-Couple Family Income (\$167,018) Spent on Center-Based Care<sup>12</sup>

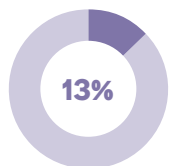
**45.1%**

Portion of Median Single-Parent Family Income (\$44,800) Spent on Center-Based Care<sup>13</sup>

*\*estimates are based on price of infant care for one child*

### CHILD CARE & DEVELOPMENT BLOCK GRANT (CCDBG)

191,404 CHILDREN 5 & UNDER ELIGIBLE<sup>14</sup>  
24,616 CHILDREN 5 & UNDER SERVED<sup>15</sup>

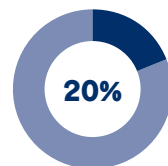


ELIGIBLE CHILDREN  
5 & UNDER SERVED<sup>16</sup>

*Based on federal eligibility (85% SMI)*

### HEAD START PRESCHOOL

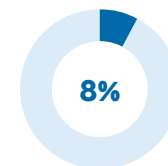
43,024 CHILDREN ELIGIBLE<sup>17</sup>  
8,646 CHILDREN ENROLLED<sup>18</sup>



ELIGIBLE  
CHILDREN  
SERVED<sup>19</sup>

### EARLY HEAD START

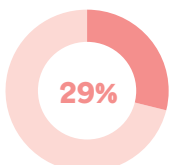
43,024 CHILDREN ELIGIBLE<sup>20</sup>  
3,519 CHILDREN ENROLLED<sup>21</sup>



ELIGIBLE  
CHILDREN  
SERVED<sup>22</sup>

### STATE-FUNDED PRE-K

61,868 CHILDREN ENROLLED<sup>23</sup>



3-AND 4-YEAR-  
OLDS SERVED<sup>24</sup>

### MIGRANT AND SEASONAL HEAD START

96 CHILDREN ENROLLED<sup>25</sup>

### MATERNAL, INFANT, AND EARLY CHILDHOOD HOME VISITING (MIECHV)

1,531 CHILDREN SERVED<sup>26</sup>

### IDEA PART C

(EARLY INTERVENTION)  
18,169 CHILDREN SERVED<sup>27</sup>

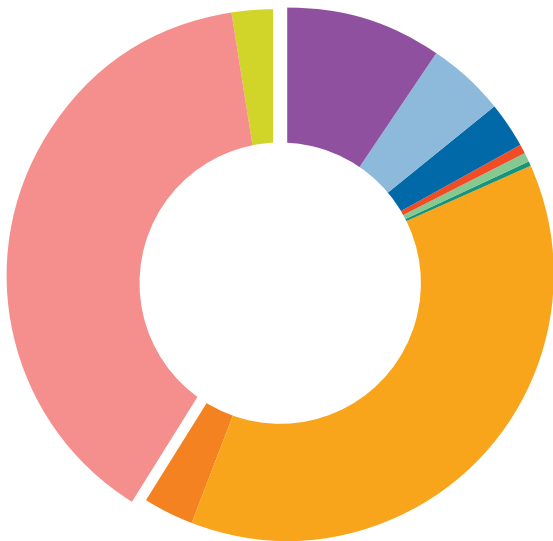
### IDEA PART B, SEC. 619

(PRESCHOOL SPECIAL  
EDUCATION)  
14,715 CHILDREN SERVED<sup>28</sup>

# NEW JERSEY: FEDERAL AND STATE CHILD CARE AND EARLY LEARNING FUNDING

## STATE INVESTMENT

- \$1.1B State-Funded Pre-K<sup>38</sup>
- \$58.4M CCDBG State Match<sup>39</sup>
- N/A PDG B-5 State Match<sup>40</sup>



## FEDERAL INVESTMENT

- \$248M CCDBG and Mandatory Funds<sup>29</sup>
- \$122.6M Head Start Preschool<sup>30</sup>  
(includes AIAN when applicable)
- \$67.7M Early Head Start<sup>31</sup>  
(includes AIAN when applicable)
- \$0 PDG B-5<sup>32</sup>
- \$14.2M MIECHV<sup>33</sup>
- \$14.2M IDEA Part C<sup>34</sup>
- \$12.5M IDEA Part B, Sec. 619<sup>35</sup>
- \$963.1M TANF Early Care and Education<sup>36</sup>
- \$79M TANF Transferred to CCDBG<sup>37</sup>

## CCDBG

CCDBG allows states to provide child care assistance to low-income working families with children under age 13, helping parents access child care in a setting of their choice.

### In New Jersey:

- 4,406 child care providers accept CCDBG subsidies.<sup>41</sup>
- Eligibility is capped at 42% of State Median Income.<sup>42</sup>
- A family of three is eligible if they make \$4,303/month or less (\$51,636/year).<sup>43</sup>
- With a subsidy, a family of three pays a maximum monthly co-payment of \$129/month, compared to \$1,684/month without.<sup>44</sup>

State Lead Agencies must establish child care licensing requirements that ensure children are cared for in safe, quality environments. Different rules may apply depending on the setting (e.g., center or home-based) and some providers may be exempt from licensing requirements (e.g., faith-based programs).

Appropriate teacher-child ratios are crucial to ensure safety, quality, and individual attention. Licensed center-based care providers in New Jersey must meet the following ratios:<sup>45</sup>

|           |                                  |
|-----------|----------------------------------|
| INFANT    | 1:4                              |
| TODDLER   | 1:6                              |
| PRESCHOOL | 1:10 for age 3<br>1:12 for age 4 |



Scan or click the QR code for full references and links. For more information contact FFYF at [mail@ffyf.org](mailto:mail@ffyf.org).

## HEAD START

Head Start Preschool and Early Head Start (collectively referred to as “Head Start”) provide a continuum of high-quality early learning and comprehensive services that support health and development, and strengthen family well-being. Federal funds go directly to local grantees, with programs in every congressional district (explore Head Start’s reach in these [maps](#)).<sup>46</sup>

In New Jersey, there are 34 Head Start grants, which fund 196 program sites and serve 12,165 children.<sup>47, 48, 49</sup>

Children are eligible if their family income is below the federal poverty line, they are receiving TANF, SNAP, or SSI, or if they are in foster care or experiencing homelessness. Additionally, programs are expected to reserve at least 10% of slots for children eligible for services under the Individuals with Disabilities Education Act (IDEA).

## PDG B-5

Preschool Development Grants Birth through Five (PDG B-5) is a competitive federal grant designed to improve states’ early childhood systems. To date, New Jersey has been awarded \$46.4M in PDG B-5 funds.<sup>50</sup> New Jersey’s PDG B-5 accomplishments include:<sup>51</sup>

- Strengthened collaboration of the Departments of Health and Children and Families to enhance “Connecting NJ,” a network of partners and agencies that support families.
- Conducted over 75 workshops in infant and early childhood mental health topics, including Pyramid Model training.

Learn more with the PDG B-5 grantee map [here](#).<sup>52</sup>

## CDCTC

The Child and Dependent Care Tax Credit (CDCTC) directly helps working parents offset the cost of child care. In 2025, the CDCTC was permanently updated for the first time since 2001. Many filers could see their credit increase by as much as \$450 (for one child) or \$900 (for two+ children).<sup>53</sup> In New Jersey, 207,250 taxpayers claimed the CDCTC in 2022.<sup>54</sup>